

MAY 2016

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ARNOLD F. HABIG COMMUNITY CENTER

OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546

Phone: 812-482-4455

Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Center Open 1-4	2 9:00 Exercise Class 9:45 Exercise Class 12:30 Hand & Foot 3:00 Money Due Amish Tour	3 7:30 Sign Up Horseshoe Casino Voting in banquet room, NO BINGO 12:30 Pay Me	4 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Tripoley	5 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	6 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Dominoes 3:00 RSVP Catered Meal	7
8 Center Closed Mothers Day!!!	9 9:00 Exercise Class 9:45 Exercise Class 12:30 Pay Me	10 10:00 Tender Loving Crafts 12:30 Scrabble 12:30 Phase-10	11 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Hearts	12 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	13 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Golf 3:00 RSVP Boomerama	14
15 Center Open 1-4	16 9:00 Exercise Class 9:45 Exercise Class 12:00 Boomerama 12:30 Tripoley	17 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO 12:00 RSVP Lunch Bunch	18 9:00 Leave Armory for Amish Tour 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Dominoes	19 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	20 8:30 Mah Jongg 10:00 Singing Seniors at The Waters of Hbrg 12:30 Phase-10 11:00 Lunch Bunch	21
22 Center Open 1-4	23 9:00 Exercise Class 9:45 Exercise Class 12:30 Texas Holdem	24 10:00 Tender Loving Crafts 12:00 Catered Meal 12:30 Hearts 12:30 Scrabble	25 9:00-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Golf	26 9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	27 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me	28
29 Center Open 1-4	30 CLOSED MEMORIAL DAY	31 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO				

MAY HOMEBOUND 2016

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Dubois, Daviess, Martin, Pike, GENERATIONS NUTRITION, Menu subject to change without notice. Meals served with milk and margarine. Phone number for meals (812)367-2990

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Pasta Casserole Green Beans Hot Apples Graham Crackers Wheat bread	3 Sloppy Joe Diced Potatoes Peas Pineapple Juice Bun	4 Chicken & Rice Broccoli Hot Spiced Pears Wheat Bread	5 Pork BBQ Baked Beans German Potato Salad Applesauce Bun	6 Chef Salad Hard Boiled Eggs Mandarin Oranges Honey Bun Crackers/Dressing	7
8	9 Ham & Beans Cornbread Mixed Greens Oatmeal Pie	10 Parmesan Chicken Yam Patties Winter Blend Vegetables Grape Juice Wheat Bread	11 Salisbury Steak/Gravy Mashed Potatoes Green Beans Pudding Wheat Bread	12 Chicken & Dumplings Brussel Sprouts Carrots Raisins Wheat Bread	13 PB & J Sandwich Soup Peaches Crackers Cookie	14
15	16 Hot Dog Baked Beans Sauerkraut Pineapple Bun	17 Smokey Riblets Corn Broccoli Granola Bar Wheat Bread	18 Chicken/Gravy Mashed Potatoes Green Beans Cranberry Juice Wheat Bread	19 Breakfast Bake Hot Apples Biscuits Cookie Wheat Bread	20 Chicken Salad Peaches Three Bean Medley Potato Chips Wheat Bread	21
22	23 Country Fried St/Gravy Mashed Potatoes Vegetable Blend Mandarin Oranges Wheat Bread	24 Breaded Cod Mixed Vegetables Diced Potatoes Grandma's Cookies Bun	25 Chili Hot Applesauce Crackers PBJ Sandwich	26 Beef Stew Corn Biscuits Fruit	27 Teriyaki Chicken Sliced Potatoes Butter Beans Pears Wheat Bread	28
29	30 CLOSED MEMORIAL DAY	31 BBQ Chicken Winter Blend Vegetables Cheese Potatoes Grape Juice Wheat Bread				

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



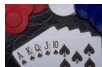
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. If you want to brave the spring weather it is a good path for exercise



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
MAY, 2016**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12.** Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



May 3 - Paper Beads
May 10 - Plant a Pot
May 17 - Fabric Paint (Denim Shirt)
May 24 - Stencil Art
May 31 - "Catch Up"

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at The Waters of Huntingburg on Friday, May 20th at 10:00 am



• **BINGO**

Voting has moved back to the Habig Center, therefore, we will NOT have bingo on May 3rd. We will play at **12 p.m.** on **Tuesday, May 17 and May 31.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO				
7	25	44	57	62
15	22	40	50	70
11	30	40	46	74
2	28	37	55	68
10	27	39	59	75



- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesday May 17th and 31st.**

- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **EXERCISE CLASS** For more of a challenge, come in at **9:45 a.m. on Monday and Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



CARD TOURNEYS



- **Thursday, May 5th**
Cinch Tourney
- **Thursday, May 12th**
Rum Tourney
- **Thursday, May 19th**
Sheephead Tourney
- **Thursday, May 26th**
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

CARD TOURNEY SURVEY: There will be a card tourney survey passed out for those playing in our card tourneys. The results of the survey will determine how we will play in the future. You may fill out one survey per tourney you play. Surveys will be given out at the respective tourneys this month. If you can not make it to the tourney, you can pick up a survey at the center. It must be returned by Friday, May 27 to be considered. We hope to have the results to use at our June tourneys.

- **TEXAS HOLDEM:** Will be played **Monday, May 23rd at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**
- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Friday, May 6th and Wednesday, May 18th.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards, including the jokers will be played at **12:30 p.m. Tuesday May 3rd, Monday, May 9th and Friday, May 27th.** **Please call in by 10 a.m. if you are coming in to play.**

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Wednesday, May 4th and Monday, May 16th.** We have a lot of fun! **Please call in by 10 a.m. if you are coming to play.**



- **SCRABBLE:** How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesday, May 10th and May 24th.** **Please call in by 10 a.m. if you are coming to play.**
- **PHASE-10:** Will be played **Tuesday, May 10th and Friday, May 20th at 12:30 p.m.** It is a fun easy card game, **Please call in by 10:00 a.m. if you are coming to play.**
- **HEARTS:** We will play at **12:30 p.m. on Wednesday, May 11th and Tuesday, May 24th.** This game is easy to learn and very enjoyable. **Please call in by 10:00 a.m. if you are coming to play.**

- **GOLF:** The card game will be played **Friday, May 13th and Wednesday, May 25th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. if you are coming to play.**

- **HAND AND FOOT:** A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Monday, May 2nd and Thursday, May 19th at 12:30 p.m.** **Please call in by 10:00 a.m. if you are coming to play.**

- **PUZZLES:** We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.

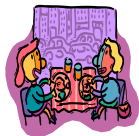
- **MAH JONGG:** Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday, please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER

SPECIAL ACTIVITIES

ALL TRIPS AND ALL ACTIVITIES ARE ONLY FOR DUBOIS COUNTY RESIDENTS 55 YEARS AND OLDER. WHEN SIGNING UP FOR TRIPS, ONLY 4 INDIVIDUALS PER SIGN UP.

- **LUNCH BUNCH:** Join us at Applebee's on Friday, May 20th at 11:00 a.m. You will get a 10% discount off your meal, plus they will have a new menu in May. As always the meal is "dutch treat". Reservations are due by 12:00 p.m. Tuesday, May 17th. Come enjoy good food and visit with friends.



CATERED MEAL: Join us for a meal catered by Sander Catering on Tuesday, May 24th at 12:00. The menu will be: Meat Loaf, Mashed Potatoes and gravy, green beans, glazed carrots, 7 layer salad, dinner rolls and unsweetened iced tea. Cost of the meal will be \$8.25 payable at the meal. Reservations are due to the Center by 3:00 p.m. Friday, May 6th.

BOOMERAMA: Will be held Monday, May 16th at 12:00. The speaker will be Juanita Boehm. She is the Clerk/Treasurer for the City of Jasper. Come hear her interesting topics. There is a \$5.00 charge to cover the cost of the optional lunch.

Reservations are due by 3:00 p.m. on Friday, May 13th.

- **BOOK CLUB:** On Thursday, May 12th at 12:30 p.m. We will be discussing "Rough Lawyer" by John Grisham. The June book will be "The Final Confession of Mabel Stark" by Robert Hough. Upon escaping a mental institution, Mabel Stark of Kentucky soon became a brazen, courageous superstar of the Ringling Brothers Barnum and Bailey Circus. Now, 1968 and 80 years old, she is about to lose the job she loves at a wild game park. Come in and give us your opinion of the book. New members are always welcome. (Meet in the library at the Center)



- **BIRTHDAY & ANNIVERSARY:**

We will no longer be publishing birthday and anniversaries in the newsletter. If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the month and day. Thank you!!

- **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.
- Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812)482-3299 or Mary Ann Seng at (812)482-1101

TRIPS

****There is a \$25.00 charge for
all returned checks****

NOTICE

**Our trips will be leaving from
the northwest parking lot in
front of the Jasper High
School for our June and July
trips. This is the front lot
along St. Charles closest to
Health Pointe entrance. We
will move back to the Armory
when the pool closes.**

DAVIESS COUNTY AMISH TOUR Wednesday, May 18th

**We will be taking a tour of the Daviess
County Amish area on Wednesday, May
18th leaving the Jasper Armory at 9:00
a.m. We will be stopping at an Amish
bakery, country store and collar shop to
name a few. Plus we will have a tradi-
tional meal in one of the Amish homes.
Sign-ups were in April. Money will be
due by 3:00 p.m. on Monday, May 2nd.**

HORSESHOE CASINO

Tuesday, June 28th

**On June 28th we are going to Horseshoe Casi-
no. We will leave from the Jasper High
School front parking lot at 9:00 a.m. We will
pick up at the Huntingburg Methodist
Church at 9:15 and at Wendy's in Ferdinand
at 9:30, upon request. You will receive \$5.00
in free play and a \$15.00 food voucher. The
buffet will not be open on Tuesday, however,
the food voucher may be used at Smoke &
Rye or at the JB Café on Deck 2 of the casino.
Cost of the trip is \$26.25 for transportation.
Please provide your total rewards card num-
ber or address and date of birth when you
pay to receive free play and meal credit.
Sign up starts by phone at 7:30 a.m. on Tues-
day, May 3rd. Money is due by 3:00 p.m. on
Thursday, June 2nd. Be sure to bring your
government issued I.D. on the trip to get your
gifts and for any "big" winnings!**

FUTURES TRIPS PLANNED:

**Ellis Park Horse Races in July
Patti's Restaurant & Badgetts Playhouse in
August
Derby Dinner Playhouse in September
Covered Bridge Festival in October
Casino trip in November
Derby Dinner Christmas Show in December**



Recipe Exchange

CREAMY GRAPE SALAD

Ingredients:

**4 cups each seedless green and red grapes,
halved
2 cups fresh pineapple chunks
1/2 cup Slivered Almonds, toasted
4 oz. (1/2 of 8-oz pkg.) Cream Cheese
1/2 cup sour cream
1/4 cup packed brown sugar**

**Directions: Combine fruit and nuts in large
bowl. Microwave cream cheese in
microwaveable bowl on High 20 to 30
seconds or until softened: whisk until creamy.
Add sour cream and sugar; mix well. Add
cream cheese mixture to fruit mixture; mix
lightly.**

Recipe from Kraft Recipes.

**Have a good recipe to share? We would be
happy to publish it.**

HUNTINGBURG SENIOR CENTER MAY 2016

Call the Center at 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



There will be Bingo all 4 Wednesdays in May



There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others



The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	

Deer in the Headlights - A card & dice game.

Several have learned to play this and really enjoy it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Puzzle: We have one started, come in and help put it together!



CARRY-IN LUNCH

Thursday, May 12 and May 26. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



**** Get your Blood Pressure Checked****

**Wednesday, May 11th from
12:30 - 1:00 p.m.**



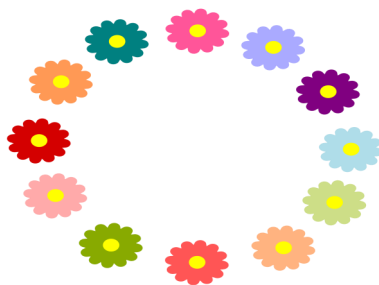
Join THE SENIOR FUN GROUP every Tuesday and Friday at 1:00 at Breakway Lanes, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. Free coffee and popcorn.



MAY BIRTHDAYS

Deloris Tabor	May 5
Jeanette Boeglin	May 6
Norma Messmer	May 10
Ruth King	May 12
Kenny Schepers	May 14
Virginia Thacker	May 23
Ray Persohn	May 25

**MAY
2016**



HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994
Rita: 812-309-9576

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 12:30 Cinch Tourney Sponsor: Brookside	3 1:00 Bowling RSVP due for Lunch on Thursday, May 5	4 1:00 BINGO Sponsor: HLS 2:00 Cards & Games	5 10:00 Crafts w/Michelle 11:00 Lunch with Gentiva Hospice speaker: Megan Kelly 1:00 Cards & Games	6 1:00 Bowling	7
8	9 12:30 Euchre Tourney	10 1:00 Bowling	11 12:30-1:00 Blood Pressure Checks 1:00 BINGO Sponsor: The Timbers 1:00 Cards & Games	12 12:00 Carry-In Lunch Sponsor: St Charles 1:00 Cards & Games	13 1:00 Bowling	14
15	16 12:30 Cinch Tourney Sponsor: Northwood	17 1:00 Bowling	18 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	19 CLOSED	20 1:00 Bowling	21
22	23 12:30 Euchre Tourney Sponsor: Willowdale	24 1:00 Bowling	25 1:00 BINGO Sponsor: The Waters 2:00 Cards & Games	26 12:00 Carry-In Lunch 1:00 Cards & Games	27 1:00 Bowling	28
29	30 CLOSED MEMORIAL DAY	31 1:00 Bowling				